

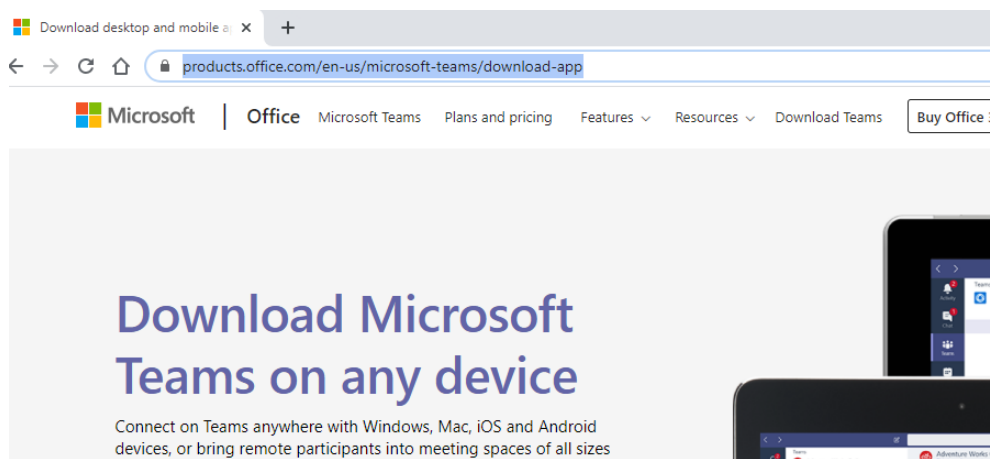
## Telemedicine Visits - How to download an application

To prepare for your telemed appointment, follow the instructions below. Instructions are organized by the type of device you may use: Iphone/Ipad, Android, Desktop Computer (Windows), Desktop Computer (Mac)

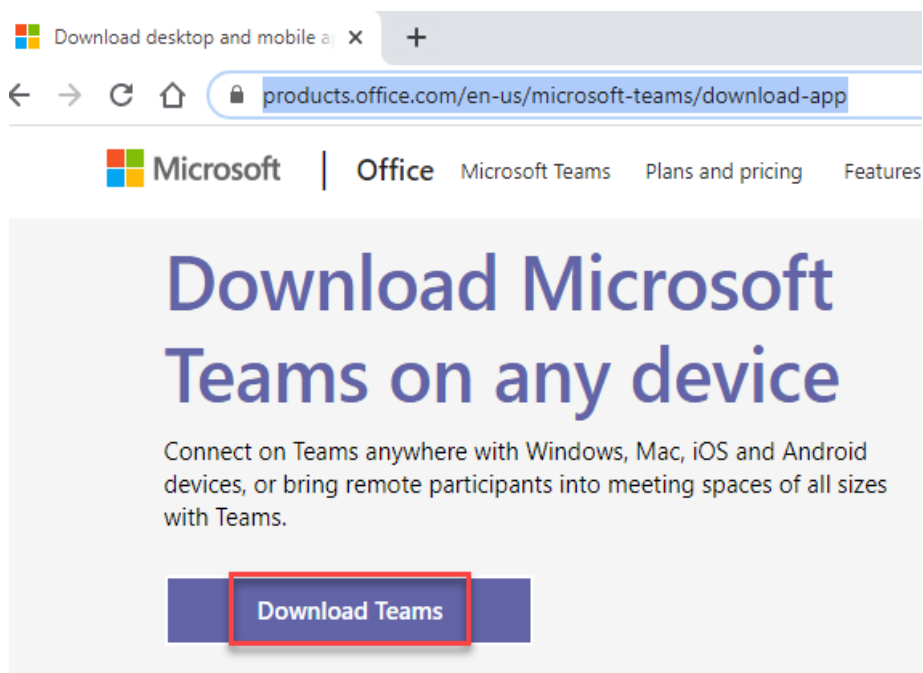
### Desktop Computer (Windows OR Mac):

#### Microsoft Teams

Step 1: Click on the link to go to download [Microsoft Teams](#) onto your computer. You will be directed to a page that looks like this:



Step 2: Select 'Download Teams' to download the application



Step 3: You will see either of the following pages depending on which type of computer you have (Windows or Mac). Select Download Teams to continue.

Windows Only

Mac Only

Download Teams for your desktop

**Download Teams for your desktop**

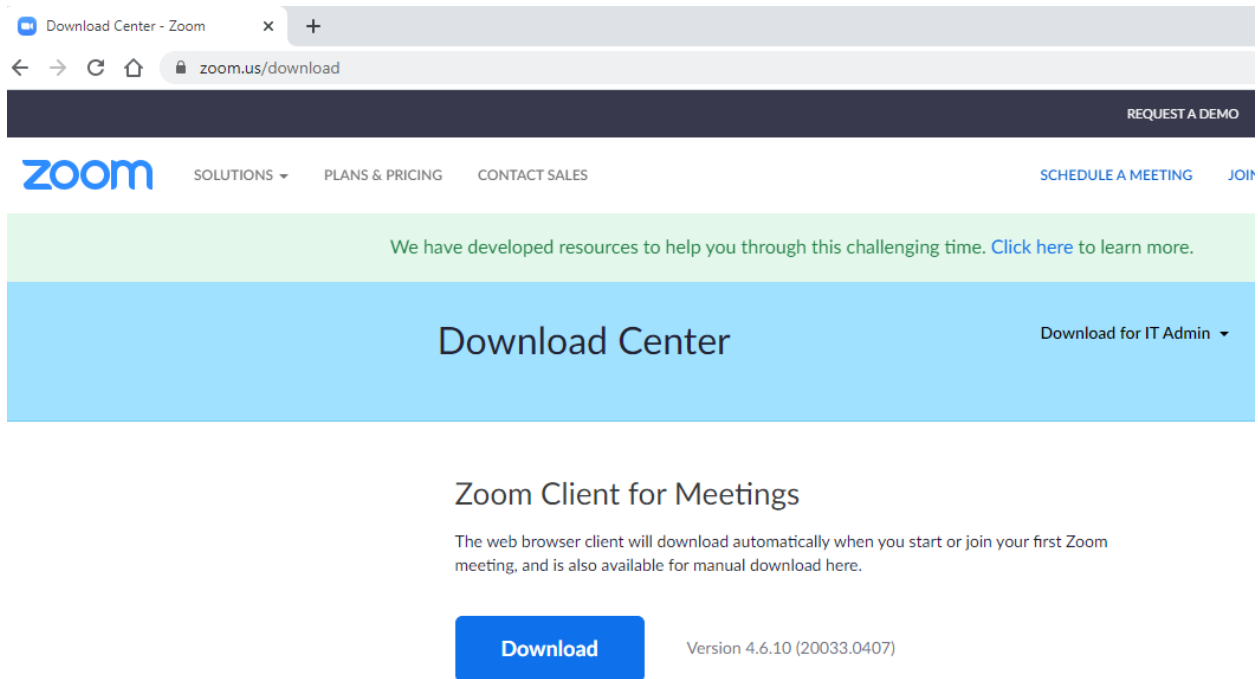


Download Teams

Download Teams

Zoom

Step 1: Click on the link to go to download [Zoom](#) onto your computer. You will be directed to a page that looks like this:



Step 2: Click 'Download' to download the application to your computer. The link will be the same for either Windows or Mac computers.

## Zoom Client for Meetings

The web browser client will download automatically when you start or join your first Zoom meeting, and is also available for manual download here.



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