



Compass
PERINATAL PEER SUPPORT



Moms Support Group

(PREGNANT & POSTPARTUM)

FRIDAYS 10.30am-12pm

(1ST MEETING ON 5/5/2023)

**WFMC Health
Conference Room
435 Lancaster Drive NE
Salem, OR 97301**

**BABIES
WELCOME**

*Whether you are going through stress,
adjustment to parenting, Baby Blues, or
pregnancy or postpartum depression/anxiety,
we are here for you.*

Call or text (971) 301-2678 for
more local support group info

www.compasspps.com

