



INTERESTED IN PARENT EDUCATION  
GROUP?

## Parent Classes

FOR PARENTS WITH CHILDREN AGE 0-8

Being a parent does not come with a guide. You may need help managing changes or stressors as a parent. Our parent support group helps strengthen parenting changes. Classes are 1 time a week for 10 weeks.

Childcare for ages 0-12 and snacks provided!

If you wish to register for our available classes starting January 2025, scan this code!

**Available classes:**

Make parenting a pleasure January - March: English

Opening Doors January - March: Spanish

Make parenting a pleasure April - June: Spanish

